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Homeopathic solution to the canine flu.

If you're worried about the canine flu because canine flu is obviously a fast spreading epidemic, easily transmitted from sick to non-sick dogs ... here's some information about a homeopathic remedy that offers remarkable results.

Because it's a viral infection and not bacterial, antibiotics won't help.
Neither will a vaccine — it's not even the same strain.

Phosphorus 30C. ... to as little as a week for some dogs when caught and treated early.

But take note of your dog's symptoms to ensure this is what you're treating.

The panic the tread of canine flue has created can have some of us jumping the gun and treating the wrong symptoms (or even imagining some) and wondering why we aren't getting results.

Realize - homeopathy isn't a one-size-fits-all solution.

It's based on expert evaluation of a series of symptoms to determine the best single remedy.

Examples of homeopathic prophylaxis in human epidemics include scarlet fever, smallpox, yellow fever, cholera, and one of the deadliest flu's in history ... the Spanish flu of 1918.

In the latter, the homeopathic physicians of the day had sterling results, with death losses close to 1%.

Allopathic treatment was up to 68% death loss in this highly deadly human flu.

The scarlet fever experience goes back to Hahnemann's day.

His initial foray into preventative use of remedies was the result of inductive genius.

During an outbreak of scarlet fever, three children of four in a family under his care became ill.

The fourth, who was usually the first to become ill, remained free from disease.

Hahnemann reasoned that since the child had been taking Belladonna for an affection of the finger joints, she was in some way protected from the infection.

Soon afterward in a family of eight children, with three already infected with scarlet fever, Hahnemann seized the opportunity ... to test the prophylactic powers of Belladonna.

As he had hypothesized, all five escaped the disease despite ongoing exposure to their siblings.

[Epidemic Diseases and Homeopathic Prophylaxis: Fact or Fiction]

Figuring out the dog Canine flu remedy.

The way a remedy for dog flu or any other epidemic is found is by looking carefully at the symptoms individuals' show who have been sickened.

Some reported info - the affected dogs were lethargic and not interested in interacting.

The cough was dry but could end in vomiting white material. Ever was part of it.

Discharges were clear from eyes and nose.

Some reported sneezing seeming to start the sickness - saw coughing worsened if exercised – other dogs all caught the flu rapidly ...after exposure to another dog with the illness, demonstrating the "highly contagious" part.

Effected dogs had a harsh cough ...that was followed by gagging - and vomited egg white looking fluid after hard coughing.

The symptom list:

1. Starts with sneezing
2. Lethargy and lack of appetite are prominent
3. Not interested in interacting
4. Coughing is strong and often ends in retching
5. Cough is dry
6. Cough is made worse by exertion
7. Fever, some with panting
8. Runny nose, watery eyes
9. Restlessness

From these symptoms the following analyses;

Looking at the obvious homeopathic treatment - nux vomica, bryonia and antimonium tartaricum ...most treatments to fit this disease of "coryza" (the old word for the human cold, which is the closest description of this dog flu).

Coryza: ...usually short-lived yet highly contagious.

The onset is marked by a chilly sensation followed by sneezing, watering of the eyes, nasal discharge, cough, and a mild fever.

Yasgur, J, Dictionary of Homeopathic Medical Terminology, 3rd edition.

Studying this "canine flue" you come to realize "this dog flu" is not so short-lived as normal flues and some dogs being sick for weeks.

Based on the above revealing data about this disease and treating with **nux vomica** and not seeing sterling results ...treat with **Phosphorus ...** and it made the difference.

Reading Nux vomica, a very common remedy in homeopathy, we find the following:

- Nose, Coryza, with sneezing
- Nose, Coryza with lachrimation (watery eye discharge)
- Nose, Initial stages of coryza
- Nose, Coryza...with impatient mood (perhaps that restlessness in several dogs?)
- Cough, worse physical exertion
- Cough, with vomiting
- Cough, tight, dry, hacking
- Mind, wants to be quiet, desires repose and tranquility; retires to his room.

I think fits quite well, but especially so early on.

It is probably similar enough to prevent the disease if given to dogs in potential exposure situations.

Note! >> While Nux v fits in analysis, actual clinical cases now indicate Phosphorus is the remedy of this epidemic.

Actual dogs getting better on a remedy always trumps an analysis that shows something different.

If it's much later in the disease, we may need to find some other remedy ... but let's start with phosphorus and keep a journal of what improves, what doesn't, and what changes.

Here's what I'd hope for, if you care to share your results;

1. How long were your dog's sick before you started nux vomica?
2. What symptoms changed after you dosed?
3. How quickly did change occur?
4. If your dogs didn't fully recover, what symptoms remained?
5. Were there any new symptoms that weren't there until after treatment?

If you've not had success in an established dog flu from Phosphorus, please try Nux vomica 30C, which also reads quite well for this flu.

The protocol for both follows.

How to dose.

I'll suggest two different dosing protocols, depending on where your dogs are in the dog flu scenario.

Not yet sick, but potential exposure possible.

I'd give these dogs one pellet daily of Phosphorus 30C, right before bed. You can buy this remedy where ever remedies are sold. If you don't have a store nearby that sells remedies, you can order online through any number of homeopathic pharmacies.

[Special note: don't do this unless dog flu is clearly in your area.

It's never a good idea to give a remedy repeatedly and causelessly.]

You'll get a tube full of fat BB-sized pellets, and it's best not to touch them.

Just pour one into the cap, open your dog's mouth wide, pointing his nose skyward, and fire that little pellet down the throat to be swallowed.

If no success, you can do a water method as in the next scenario for sick dogs.

Just give it once a day, though.

No need to do the three doses in prevention mode.

Sick, coughing, sneezing, and feverish.

If your dog is already fighting the flu and has some symptoms like those listed above, here's the way I'd treat them.

1. Crush three of the phosphorus 30C pellets in a file card, folded in half and rolled over with a glass or bottle.

2. Pour the powder into a half glass of purified water.

3. Stir well before each dose and give a 1cc dose of this water/remedy solution night-morning-night ...so you'll give 3 doses total at roughly 12 hour intervals, then stop.

Alternately, a 1/4 teaspoon can be given with a spoon.

The remedy can stay at room temperature, covered with a napkin between doses.

Evaluate over the next 24 hours and see if your dog improves. If so, no more remedy until improvement ceases.

Whenever improvement ceases, repeat a single dose and watch again for 6-12 hours or more. While improving, no further dosing.

If no improvement is seen, give Nux vomica 30C a try.

But please write up your observations following the 5-point question list above and leave them as a comment below.

We can learn from your experience to find more suitable remedies if needed.

Update April 12, 2015: Nux vomica a great second choice

My client with three affected dogs had brilliant success with her first and second dog with Phosphorus.

The third dog responded, but not with the same vigor and steady improvement as the first two. Reading this blog, she changed the third dog's remedy to Nux vomica, and he did every bit as well as the phosphorus treated dogs had done.

Clearly, it's not pleasant for the sick dogs who have caught the canine flu.

If this remedy acts as well as I think it will, it should shorten the severity and duration remarkably, compared to the untreated.

And, if it successfully treats the sick, odds are high it will protect those exposed from getting a full-blown case of dog flu ...especially if given early in the illness or before it ever occurs.

Symptoms.

At the onset, there is sneezing followed by harsh, dry coughing, often ending with retching.

Exertion causes the cough to become even more intense creating concern among pet owners.

Dogs become lethargic and lose their appetites.

They can become restless.

Watery eyes and a runny nose follow.

There can be a fever along with panting.

Needless to say, it has been highly contagious which itself is a symptom.

After careful study, *Dr Falconer* arrived at a remedy ... but then sidelined his top choice in favor of another ...when a client reported outstanding results with Phosphorus 30C in just three days.

As *Dr Falconer* had taught her, she'd reviewed her dog's symptoms and turned to her emergency remedy kit;

The remedy she chose was Phosphorus 30C. When *Dr Falconer* was able to examine the dog later that week ...her symptoms were so minimal he even doubted it had been dog flu – until two other dogs in the household exhibited the same symptoms!

Dog flu it was; Phosphorus for them, too.

Start tracking.

If you aren't already journaling about your dog's overall health, now is a good time to start by tracking his symptoms and ...the timing of treatment (plus meals, supplements, exercise and other general activities for long-term monitoring).

Note any subsequent changes, positive or negative, and the time period.

While you're tracking this experience, note the following:

- How long was your dog sick before treatment began?
- What symptoms changed after treatment began?
- How quickly did you notice changes?
- If it wasn't a full recovery, what symptoms continued?
- Did you note any new symptoms that appeared after treatment?

These answers could help other dogs or further treatments for your own if you need to consult a homeopathic veterinarian.

Dosing protocols.

There are two different dosing protocols depending on whether your dog is exhibiting symptoms or ... whether he has been exposed or might be exposed.

If your dog is exposed to the dog flu:

- Administer one pellet daily of Phosphorus 30C, right before bed. Avoid touching the pellet. Just tip one into the cap and tip it into your dog's cheek.

As long as the remedy comes into contact with the mucous membranes of the mouth, your dog has been dosed.

If your dog has flu symptoms (see Symptoms above):

- Use the water method by dissolving three pellets of Phosphorus 30C into four ounces of purified water.
- Using a syringe or eyedropper, administer 1cc of this remedy into his mouth three times within 12 hours: at bed, in the morning and at bed, then stop.
- Note any improvement or changes in symptoms in your journal over the next day.
- If your dog improves, do nothing more.
- If he stops improving, or relapses, administer a single dose and watch for another six to 12 hours or more.
- As long as there is improvement, less coughing and less intensity, there is no need to re-dose.

Alternative remedy.

If you've dosed with Phosphorus and there are no changes, or your dog stops responding to Phosphorus ...

then *Dr Falconer* recommends the remedy that was his initial choice:

- Nux vomica 30C following the above dosing protocols.

Real life.

The choice of Phosphorus 30C reflects *Dr Falconer's* real-life experience with dog flu in his patients.

By sharing his client's experience, other pet owners and their pets should start down the road to a quicker recovery.

The exceptional news about this treatment protocol is that it can also be used as a prophylactic: a treatment used to prevent a disease from occurring.

Human epidemics of scarlet fever, smallpox, yellow fever, cholera and the Spanish flu of 1918 were treated by homeopathic prophylaxis with minimal deaths.

With the success in treating dog flu patients with Phosphorus, by administering the same remedy to those that have been exposed or are early in the illness, it should prevent them from getting a full-blown case of dog flu.