

***Info shared by Pitbull SA.  
Manjaro APBT kennel.  
South Africa.***

My Website [www.pitbullsa.co.za](http://www.pitbullsa.co.za)

My E mail "[manjaro@pitbullsa.co.za](mailto:manjaro@pitbullsa.co.za)"

My Facebook "Gawie Manjaro"

My Facebook page "Manjaro Kennel"

My mobile +27827838280.

Zello.com "VoIP" – ask for info.

***Building your Homeopathic first aid kit.***

*44 Dogs Naturally Magazine.com | January-February  
2015*

*Maria Ringo BGS DHMHS CCH is a homeopathic practitioner and co-founder of Carna4 Dog Food, a small ethical company ...producing synthetic-free whole foods for pets, and Sojourner Farms, one of the first commercially available raw food diets for dogs.*

*She lives in Toronto, Ontario with her family and may be reached at [maria@nthm.ca](mailto:maria@nthm.ca)*

Start with reading up about homeopathic medicines as alternative medicine and treatment.

Talk to your local homeopath – and get started.

A homeopathic first aid kit with a few easy to use remedies can be invaluable in emergency situations – and may save you a trip to the vet.

Homeopathic medicines work with the body's ability to heal itself, which is particularly helpful in emergency situations ... when you may not have access to surgery, life-saving drugs or even basic first aid tools.

Because the medicinal substances in remedies are attenuated and thus contain just minute amounts of the substance, you can safely use them for your dogs (as well as babies, pregnant women and seniors).

Homeopathic remedies coax the body into healing itself dynamically, rather than forcing it into an unnatural state, which means there are no side effects.

If you've chosen the wrong remedy, it just won't work very well as the body will not respond curatively.

The importance of having a homeopathic remedies first aid kit and basic knowledge using them whenever it is vaccination time, a bite from insects, vomiting bumps and itches.

Homeopathy is a comprehensive system of medicine that treats the whole person, so in an urgent care situation ...the right remedy will positively affect the mental or emotional state of the dog "patient" as well as the physical.

This makes it especially successful in addressing the complicating factor of anxiety or panic when a dog is injured or falls ill.

And because we take the emotional state of the dog patient into account when prescribing, we can use that information to pinpoint the correct remedy more accurately.

### **What is in a remedy?**

Homeopathic remedies are derived from plant sources such as trees, flowers and roots; mineral sources, such as iron, copper and salts; and animal sources, including wasps, snakes and mammal milks.

**They are always described by their Latin names.**

For example, the popular remedy for runny nose with itchy, watery eyes is Allium cepa, which is from onion.

And one of the best remedies for congestive headaches is Natrum muriaticum, derived from table salt.

Kids and animals love the taste of remedies because the curative substance is impregnated into milk lactose (sugar) pellets for quick absorption.

### **How to handle remedies.**

Avoid touching the pellets with your hands.

Put three to four pellets or tablets directly into your dog's mouth from a spoon or the cap of the bottle.

Let them dissolve in the cheek or under the tongue.

If your animal won't allow you to put a pellet into the mouth, just dissolve three to five pellets in a glass of clean water.

### **Arnica montana for pain,**

Bruising,

Shock,

Physical and mental exhaustion

### **Hypericum perforatum for painful nerve injuries,**

For crushed paws or injuries to the spine

### **Aconitum napellus for sudden onset of shock after an accident**

All feverish states including sudden post-partum fever,

For fearful behavior.

### **Emergency remedies to start with;**

This is not an exhaustive list by any means, but contains a good selection of remedies you are likely to use.

I've provided brief indications for each remedy; further information may be found in any number of home guides to homeopathy.

**There are three invaluable remedies for trauma that should be with you at all times:**

**For pain, bruising, shock, physical and mental exhaustion.**

In any accident where there is trauma, give Arnica right away to help the body gather up its energy to heal.

Also pack some Arnica ointment for external use on unbroken skin over sore, bruised or tired muscles.

**Hypericum perforatum 30C**

For painful nerve injuries including crushed paws or injuries to the spine.

Pro-TECTS nerves in the event of open wounds such as dog bites.

Alternate with Ledum 30C for dog bites if the wound is red and hot at first, then turning cold and blue (see Ledum for a blue, cold wound).

**Arnica montana 30C**

**Aconitum napellus 30C**

For sudden onset of shock after an accident, all feverish states including sudden post-partum fever, and fearful behavior – his is the panic remedy.

Also given as the first remedy for sudden onset of acute illness including sunstroke.

The keynote is 'sudden onset'.

Additional Remedies for All Kinds of Mishaps

**Arsenicum album 30C**

For the dog with vomiting and/or diarrhea who is anxious, restless and thirsty for small sips of water.

She will want to be kept warm.

A great remedy for food poisoning.

**Belladonna 30C**

Heatstroke, sunstroke.

Use when the dog's body temperature spikes, with redness of face, ears, eyes, and aggressive behavior.

**Symphytum 30C**

Known as "the Arnica of the eye" it is the first remedy to give for injuries to the soft tissue around the eye as well as any kind of pain in the eyeball.

**Symphytum** is also locally known as “knit bone” as it is used to speed healing of bone fractures.

Use once the broken bone has been set.

### **Cantharis 30C**

To relieve the pain of sunburn, insect bites, urinary tract infections. The keynote is burning pains either internal or external.

### **Urtica urens 30C**

For scalding and stinging pain. Urtica is made from the Stinging Nettle – and if you’ve ever touched this plant you know the awful burning-stinging feeling it elicits.

Also excellent for hives, alternating with **Apis/Ledum/Rhus tox.**

**Ledum palustre 30C** For contusions, hives and puncture wounds, including insect bites that leave a cold blue swollen area (Apis is indicated for a warm red swollen area), and dog bites that are blue and cold. Also useful in eye injuries that leave blue swelling.

### **Silica 30C**

Helps push out and remove splinters or other foreign objects - even foxtails or porcupine quills.

### **Allium cepa 30C**

Often prescribed for allergies; symptoms include red and inflamed eyes, acrid runny nose, sneezing.

### **Apis 30C**

For injuries that leave a hot, red swollen area such as insect stings, blows, hives, embedded objects such as quills (also see Silica).

### **Crotalus horridus 200C**

An excellent remedy to use on the way to the vet in the case of uncontrollable bleeding, such as Warfarin poisoning or post-partum hemorrhage.

Use cautiously and only on the way to professional help.

### **Carbo vegetabilis 30C**

Bloating and painful gas with great weakness and coldness.

If your dog shows signs of bloat, head to the emergency clinic immediately but give this remedy on the way.

This one is also good for the dog that got into the garbage and is stinking up the house...

### **Ruta graveolens 30C**

Speeds healing of tendon sprains and weakness.

For dogs who go lame after an injury to the bone.

Often used in conjunction with **Rhus tox** and **Hypericum**.

### **Veratrum album 30C**

For diarrhea or vomiting with loose stools.

Severe cramping in the gut with intense thirst for cold water.

### **Rhus tox 30C**

Made from poison ivy so is great for that type of red, itchy, weeping skin rash.

Also excellent for sprains to tendons.

If your dog starts out on a walk with lameness but improves as she gets going, try a few doses of **Rhus tox**.

### **Calendula Ointment**

Lowers the risk of infection in any skin wound and heals burns.

Great for taking away the pain of a scald or a sunburn.

Keep some on hand for scratches, abrasions, and lightly damaged skin.

Use **Hypericum ointment** for open wounds, then once a scab has formed Calendula finishes the job.

There are multiple uses for each remedy, and many more conditions other than the ones listed here where homeopathic medicines will be invaluable.

47 use a clean dropper or teaspoon to put some of the mixture onto his gums.

It is best to give a remedy at least ten minutes away from eating or drinking, but in an emergency, don't hesitate to give a remedy immediately;

you just may have to re-dose more frequently if the mouth was not clean.

### **Dosing.**

Give one dose, then repeat up to four times, half an hour apart or as needed.

If you see no improvement after the third dose, it's likely time to try a different remedy.

This is where it pays to have your homeopath's phone number in your cell phone.

Of course, if your dog's condition is serious, proceed to the veterinary hospital, but dose on the way there.

Your dog may be better by the time you arrive!

### **WHEN ENOUGH IS ENOUGH**

Stop dosing if and when anything about the condition improves.

Wait and observe.

Call your homeopath to let her know you may need help later.

Any positive change will mean that the body is responding to the remedy.

At this point, it is best to wait and not repeat it, unless you see the initial symptoms reappear.

### **A WORD ABOUT POTENCY**

Potency is a measure of how much the medicine is diluted and succussed (shaken).

Most homeopathic medications are easily located in a health food store or pharmacy and are available in the lower potencies:

6X, 12X, 6C, 12C and 30C.

When putting together your kit, select 30C if possible.

Higher potencies such as 200C, 1M, 10M or 50M should only be prescribed by a professional.

The key to being a successful prescriber is to become a very good observer of your animal, so watch for signs of mental, physical and emotional discomfort or injury.

When an urgent care situation arises, go to your reference book and match the remedy with the symptoms.

The more you practice the more quickly you will turn to the right remedy.

Buy one of several books on homeopathic first aid to keep with your kit.

Learn some of the keynotes to the main remedies, such as Arnica and Arsenicum, so that you will quickly recognize the need when it arises.

Pretty soon your whole family, canine and human, will be grateful for your skills.