

Info shared by Pitbull SA.

Manjaro APBT kennel.

South Africa.

My Website <http://www.pitbullsa.co.za/>

My E mail "manjaro@pitbullsa.co.za"

My Facebook "Gawie Manjaro"

My Facebook page "Manjaro Kennel"

My mobile +27827838280.

Zello.com "VoIP" – ask for info.

Balance whatever you feed with "Meal Mix supplement".

Dr. Karen Shaw Becker

Meal Mix supplement by Dr Mercola helps you avoid the biggest mistakes dog owners make in preparing nutritionally balanced, fresh (raw or cooked) homemade food.

It provides any customized recipes and feeding directions based on your dog's weight and activity level.

It's made in the U.S. with all human-grade ingredients in a GMP-certified facility.

Are you choosing the right foods for your dog? It is not easy!

There's a truth about food that too few pet owners realize... food matters.

What you feed your dog makes a difference.

Feeding your dog means more than just filling their belly.

When you choose the right foods, you help your dog *thrive and not just survive.*

You're building the foundation for good health.

Choosing the wrong foods can leave the window open to unwelcomed consequences. It's no secret!

Dogs are experiencing disease epidemics like never before, and chronic degenerative conditions related to poor lifestyle choices, including food, are at an all-time high.

That's why "some" dog feeders are so against most commercially processed dog foods.

The ingredients manufacturers choose to add *aren't* usually for your dog's benefit – it's for *their* bottom line.

Fresh, healthy ingredients cost more than inexpensive fillers and mystery meat meal concoctions.

Even if you do choose the right foods for your dog, *putting them together in a nutritionally balanced meal that your dog will eat* is a whole other issue.

Many dog owners simply don't know how to begin to do it correctly, and that's a big problem.



With Dr. Mercola's "Meal Mix" multivitamin & mineral supplement mix- an entire system that take the guesswork out of preparing nutritionally balanced meals that your dog will thrive on.

Rating how we feed our dogs from best-to-worst.



Surprisingly, my least favorite type of dog food isn't grocery store brand kibble.

Recently, I rated all of the different types of dog food diets available today in big box stores, grocery stores and small, independent dog food stores.

Here's my list, from best to worst, starting with fresh balanced raw diets.

Balanced raw, fresh homemade diet

Commercially available raw diet (found in the freezer section of your small, specialty dog store)

Balanced cooked, homemade diet

Dehydrated or freeze-dried food

Human-grade canned food (The label *must* say the ingredients are human grade, or they are not.)

Human-grade dry food (It must state human grade so it won't contain low-quality rendered by-products.)

Super premium canned food (found at big box dog supply stores)

Super premium dry food (found at big box dog supply stores)

Veterinary-recommended canned food (purchased at your vet's office or clinic)

Veterinary-recommended dry food (purchased at your vet's office or clinic)

Grocery store-brand canned food

Grocery store-brand dry food

Semi-moist pouched food

An unbalanced homemade diet – raw or cooked

While many of these types of foods may be super convenient, they don't necessarily provide the biologically appropriate, food-based nutrients necessary to maintain vibrant health in your dog.

What pet food makers don't want you to know about the food you're feeding your dog.

Less than one percent of dog foods on the market is human grade, GMO-free, organic or contains free range or ethically sourced meats.

Most dog owners have little idea of what they are actually feeding their dogs when they buy processed dry or wet dog food.

Whether it's dried kibble, canned food, dehydrated or frozen food, the trendy, artfully designed packaging provides few *accurate* clues.

Here's the truth about more than 99 percent of dog foods on the market today:

Less than one percent is human-grade, GMO-free, organic or contains free-range or ethically sourced meats.

Dog owners are also unlikely to know these other closely held secrets about processed commercial dog food:

Most dog foods are made from **leftover and recycled food waste** from the human food industry, and is *not* human grade.

Food is heated, on average, four times during processing *before* sitting on a shelf for up to two years, making its nutritional content questionable, at best (unlike fresh food).

Carcinogenic byproducts, such as heterocyclic amines, acrylamides and AGEs (advanced glycation end products) can result from the high heat processing typically used to make processed dog food.

The nutrients added to bring the food up to standards are typically feed-grade, cheaper forms of nutrients common in the animal feed industry, such as sulfates and oxides, rather than human-grade nutrients.

Nutrients degrade quickly, especially enzymes and B vitamins, even in the freezer.

Dry food provides only 12 percent moisture and not the 70 percent moisture found in fresh food needed to prevent organ stress and dysfunction.

The incidence of dog food recalls has never been higher with independent testing confirming heavy metals, glyphosate, phthalates, flame retardants, BPA and pentobarbital (pet euthanasia solution) in pet food.

Additives such as chemical preservatives, artificial colors, dyes, rendered fats and fillers are typically used with processed foods.

Palatability enhancers are often added to trick dogs into eating food that isn't biologically correct for them.

Commercial dog food sits on shelves for months to years before you buy it, with any remaining nutrients degrading by the day.

That is why dog food makers don't want you to know any of these dark truths about highly processed commercial dog food.

Why the right food for your dog isn't necessarily sitting on *your* plate?

While feeding your dog fresh food may be the right idea ... but it must be nutritionally balanced.

Many owners – maybe you, too – are often shocked to find *any* type of homemade diet on the bottom the given list above.

How a homemade diet, even raw, could be *the worst food you can feed your dog*, you may be wondering.

After all, it *is* homemade food, and you're controlling everything that goes into it.

How can it possibly be *worse than grocery store commercial kibble*?

A lot of dog owner's love sharing *their meals with their dog*.

When they do, they believe they're giving their dog better nutrition than what comes in a bag, box or can.

Just feeding the dog a chicken breast and a few vegetables and calling it a day.

Clearly, "homemade" means different things to different people.

Sometimes dog parents take "homemade" to mean a little bit of everything *they* eat.

Some assume feeding a rotation of several different meats, bones and organs will provide "balance over time."

Unfortunately, research shows this rarely ever happens.

Nutritionally unbalanced food, even homemade, is an accident waiting to happen for any dog.

The Vet see dogs with endocrine and skeletal issues, and even organ degeneration, simply because they're not receiving a diet properly balanced with the essentials, like trace minerals, omega fatty acids and calcium.

Because of these increasingly common scenarios – along with, of course, misinformation from commercial dog food makers – fresh homemade diets, especially raw diets, have been 'black-listed' by many veterinarians.

Recognizing this dilemma early on, combined with my passion for biologically appropriate fresh food for dogs, some dog owners go to any length to give the best money can buy – using various supplants, fats, EFA's, pro and pre biotics, microbes, antioxidant, calcium, other minerals and vitamins – I lift my hat.

This might be the answer ... with a pre-mix like Dr. Mercola's "Meal Mix" multivitamin & mineral supplement mix- an entire system that will take the guesswork out of preparing nutritionally balanced meals – every meal - that your dog will thrive on - an easy and convenient way to help concerned dog owners prepare affordable and nutritionally balanced homemade meals for their adult dogs.

Once again looking at one most important reason to take control of what goes into your dog's feed pan.

Grain-free kibble is high in starches and low in meat and taurine, an amino acid essential for heart health.

Over the last century, the dog food industry has convinced owners to feed dogs highly processed diets “that will sustain life”.

However, these foods don't necessarily *nourish* **dogs as nature intended.**

Processed dog food is a relatively recent addition to a dog's ancestral history.

Dogs evolved to eat fresh food, even after branching off from *Canis lupis* (gray wolf) thousands of years ago.

In fact, the first bag of commercial “dog food” arrived less than 100 years ago, and then knowing dogs are amazingly resilient most concerned feeders believe what we're feeding them today is nothing less than nutritional abuse.

Because dogs are so adaptable, they are capable of consuming species-inappropriate foods, but not without consequences...

Proven statistics show the staggering incidence of cancer, diabetes, obesity, allergies, autoimmune disease and organ failure today that can all be linked back to feeding a completely unnatural diet to our dogs over the last 50 years.

One other factor that many people don't consider **is the quality of today's soils.**

Food can only be healthy as the soil in which it is grown.

Nutritionally depleted soil yields nutritionally depleted food as simple as that.

Organically grown food is certainly better, but typically only in terms of fewer chemicals entering your dog's body.

While preferable to conventionally grown food, using organically grown food in your dog's food is *not* a guarantee that all the nutrients that should be there are present.

When you make your own food with wholesome ingredients and appropriate supplemental vitamins and minerals, **you're in control.**

You know what they *are* getting and what they are not.

Why some believe a balanced raw or gently cooked, fresh homemade diet is the best food you can feed your dog.

A balanced raw, fresh homemade diet contains enzymes and nutrients typically destroyed by heat and processing.

Here's the bottom line: dogs need to eat fresh, whole, species-appropriate food to be optimally healthy.

Fresh food diets mimic nutrient-dense ancestral diets.

These are the foods that our dogs have evolved to eat!

As above notice that **a balanced raw, fresh homemade diet** sits at the top of the best-to-worst list.

For some feeders it is their number one choice for many reasons, including:

Fresh, raw food is unadulterated and **contains all the enzymes and nutrients** that are typically destroyed during cooking or other types of processing.

Homemade allows you to **take complete control of the source and quality of the ingredients** in your dog's diet.

Homemade allows you to **take advantage of buying fresh, seasonal vegetables on sale** and rotate your use of species-appropriate fresh meats and poultry.

Yet when a species-appropriate, raw, fresh homemade diet is recommending it must be stressed again!

It must be nutritionally balanced or it's as good as worthless.

The trend for dog owners to feed a raw homemade diet is growing by leaps and bounds.

However, this is a good thing only if that food is properly prepared with their dog's personalized nutritional requirements in mind.

How then can you make sure the food you prepare for your dog is balanced nutritionally and they're getting everything they need?

Looking at Mercola's "Meal Mix" multivitamin & mineral supplement a simple, foolproof system for making your own nutritionally **balanced fresh homemade food in minutes** –that take the guesswork out of preparing nutritionally balanced meals that your dog will thrive on **for every meal in every feed pan.**

It takes a lot of knowledge and effort to get it right.

Meal Mix was developed By Dr. Karen Shaw Becker along with veteran dog food formulator *Steve Brown* for that very reason:

To take the guesswork out of preparing a nutritionally balanced meal for your dog.

Steve Brown a real pro when it comes to formulating dog food.

He created the first commercially available raw food diet in the U.S. more than 20 years ago.

Today he maintains the largest nutrition database in the world for dogs – over 6,000 pages! Steve's database is a virtual treasure trove... it includes AAFCO, FEDIAF, NRC, Ancestral and USDA nutrition information.

The **Meal Mix** system that were created provides a way for you to know *exactly*:

Which ingredients to choose

How much of each ingredient to buy

How to prepare the ingredients for optimal nutrition

How to ensure the food is nutritionally balanced

How to make sure it taste good so your dog will eat it.

The goal was to create simple, easy-to-follow recipes that contain a variety of ingredient options to make homemade, nutritionally balanced dog food a reality for people who want to feed fresh food to their dogs.

To prepare nutritionally balanced meals for your dogs without worry, fuss or confusion – and no complicated math!

Meal Mix is much more than a single product – it’s a *system* for preparing nutritionally complete food for your dog.

Intended to be part of a *total meal plan*, you receive recipes and ideas for feeding your dog a *variety* of healthy, balanced homemade meals – not just one!

The **two parts** of the **Meal Mix** system are designed to work together:

The online [Recipe Creator](#) allows you to customize meals from a variety of ingredients that work best for your budget and your adult dog’s nutritional needs, based on their weight and activity level.

Meal Mix, a vitamin and mineral supplement made in the USA with all human-grade ingredients, helps you create nutritionally balanced, fresh, homemade food that you can trust in just minutes.

Meal Mix formula had to meet certain criteria:

The nutrients needed to be human-grade, unlike what’s used in most processed pet foods.

The nutrients had to be non-GMO, soy and gluten free.

The nutrients had to be versatile enough to be used in many different recipes to allow for nutritional diversity and rotation of meats, vegetables and carbs (if desired).

The formula had to meet *optimal* nutritional requirements for trace minerals and vitamins, not just the bare-bones minimum requirements necessary to sustain life like what's found in most pet foods today.

While certain nutrients like zinc, vitamin D and E, iodine and choline are present in tiny amounts in many foods, they're deficient in most homemade, fresh food diets.

Which is exactly why so many veterinarians are against feeding homemade diets.

They know most dog owners are simply guessing when it comes to balancing nutrients.

And they also know that adding a little bit of this and a little bit of that is a recipe for disaster *and* a very good way of creating nutritional deficiencies over time.

The whole idea of **Meal Mix** was to help dog owner prepare fresh homemade food *without* having to spend a lot of money on expensive, rare ingredients.

Balanced homemade diets made simple as easy every time.

You can use any type of raw or gently cooked meat or poultry with Meal Mix

It took me - *Dr. Karen Shaw Becker*, with *Steve Brown's* help, three years to develop the two-part system: the groundbreaking, innovative **Recipe Creator** and **Meal Mix Multivitamin and Mineral Supplement Mix**.

Let's take a closer look at how the **Meal Mix** system helps you prepare nutritionally balanced meals for your adult dog...

Log in to our **Recipe Creator**, and enter your dog's name, approximate weight and activity level.

If you have more than one dog, you can create multiple recipes for each dog.

You'll discover exactly how many calories your dog needs to consume each day.

Customize your recipes by choosing what type of raw or cooked meat or poultry and vegetables (and starch if desired) you want to use.

You have plenty of options, so you can pick your dog's favorite foods.

Click “Create Recipe” to receive an assortment of customized recipes along with preparation instructions, nutritional information and suggested feeding directions.

Choose a recipe and prepare according to provided directions.

Add a high-quality source of omega-3s and a premeasured packet of

Meal Mix (the recipe will tell you exactly how much to add of each), and you’re done.

Store the remaining portions in the refrigerator for up to three days or in the freezer for up to two weeks.

Starches and carbs are totally optional with **Meal Mix**.

They’re not required for a nutritionally balanced meal, so the *Steve Brown* choice to include them is yours.

If you’re working on a limited budget, or if your vet suggests reducing the protein in your dog’s meal, sweet potatoes or quinoa make great starch additions.

With the **Recipe Creator**,

<http://www.mealmixfordogs.com/about.aspx> you have access to *hundreds* of meals that allow you to choose from meat-only recipes, meat and vegetable recipes, or meat, vegetable and starch recipes to fit your budget and the nutritional needs of each dog in your family.

You can view, print or email the recipes, and create as many as you like.

The **Recipe Creator** tells you exactly what’s in each meal, too.

It provides the full nutrient profile for a 1,000-kcal meal.

Each recipe you create will have a specific kcal recommendation per day based on your dog’s activity level and weight.

Because every recipe meets or exceeds the AFFCO nutrient standards for a complete and balanced meal for maintenance, you’ll know with no uncertainty that you’re giving your dog what they need.

What makes *Meal Mix* system stand apart.

You get to pick from more than eight different protein for your dog's meals

A couple of other products may appear similar to **Meal Mix** on the outside, but if you look closer, you'll realize *there's nothing else like it...* Here's what sets **Meal Mix** apart from the others:

You don't need to use carbs if you don't want to.

We designed our system to use *just* meat or poultry or a mixture of meat and whatever vegetables you choose.

The *Meal Mix* supplement is made of human-grade ingredients, *not* feed-grade like the others.

Plus, mine is made only with human-grade ingredients and it's *made in a human-grade certified manufacturing facility in the U.S.A.!*

Contains *no* genetically engineered ingredients or GMOs, soy or gluten.

This is especially important considering the dog food industry's current trend in using genetically engineered soy as a filler ingredient in foods.

We use NO sulfates, oxides or sodium selenite, or menadione (synthetic vitamin K) which are all cheap forms of nutrients common in the animal feed industry.

Our Recipe Creator program allows for nearly endless variety.

If your dog is a fussy eater or has digestive issues, food allergies or sensitivities, you can choose from more than eight different proteins, including many novel proteins.

Meal Mix is the only product on the market that can be mixed with red meats (ruminants), poultry, wild game or bird, goat, beef, mutton, pork, rabbit to make a complete and balanced meal for adult dogs.

Can be added to gently cooked *or* raw food.

You're in complete control of every single ingredient going into your dog's bowl.

These days, that can bring tremendous peace of mind.

I couldn't be more excited about **Meal Mix**.

In fact, I believe this is likely the most important product I've ever developed for Mercola Healthy Pets.

The **Meal Mix** system levels the playing field.

A long-time dream of mine, it gives everyone the opportunity to feed their dog's fresh food because it simplifies the process and takes the guesswork out of meal planning and prep.

Order *Meal Mix* Today, and Delight in Knowing You're Feeding Your Dog How Nature Intended



Whether you're already preparing a homemade diet for your dog, or considering adding in a few homemade meals during the week and want to make sure you're doing it right, **Meal Mix** provides that assurance and more.

This unique product makes preparing nutritionally balanced, fresh homemade food convenient and easy.

There's no guesswork... no searching for the right vitamin and mineral supplements... and, best of all, no hassle.

The only product on the market made with bioavailable, human-grade nutrients at a human-grade GMP (Good Manufacturing Practices) facility, this is my favorite creation ever.

No matter if you offer your dog fresh homemade food at every meal or a few times a week, there's no question in my mind.

The more you can avoid highly processed, commercially prepared foods for your furry family member, the healthier and happier your dog will be.

And you'll know you're taking the best possible step for your dog's well-being.

I know you're eager to get started, so order **Meal Mix** today.

Once your package arrives, you'll receive instructions on how to log on to our [Recipe Creator](#).

Then you'll be well on your way to discovering why fresh, nutritionally balanced homemade food sits at the very top of my list.

P.S. You'll be risking nothing to try **Meal Mix**. Just like with all Dr. Mercola products, you're protected by our **Money Back Guarantee**.

[View Ingredients](#)

Meal Mix for Adult Dogs

90 Packets | 30 Packets Per Box
(3 Boxes)

Your Price: \$80.97

Bundle Savings: \$31.52 (28%)

[View Ingredients](#)

Meal Mix for Adult Dogs

30 Packets Per Box

Your Price: \$29.97

Savings: \$7.52 (20%)



I am so confident that you will be more than satisfied with your purchase of this product, I am providing you with a Money Back Guarantee on returned items.

Dr. Mercola

[Click here for full return policy details](#)

PHONE ORDERS

Toll Free: **877-985-2695** | Int'l Customers : **239-599-9500**
MON - FRI (8am - 9pm EST) | **SAT - SUN** (9am - 6pm EST)



Frequently Asked Questions

1. [**1. Q: Can I use the Recipe Creator and Meal Mix to make food for my cat?**](#)

A: No, **Meal Mix** and the **Recipe Creator** are designed only for adult dogs. A cat's nutritional requirements are much different from a dog's.

2. [**2. Q: I can use all commonly sourced meats but fish and eggs. Why doesn't Meal Mix work with fish and eggs?**](#)

A: Fish and eggs have very different vitamin and amino acid profiles than other protein sources, so this formula does not make a complete and balanced meal when fish or eggs are used as a base protein.

3. [**3. Q: Why do the recipes call for supplemental krill or fish oil?**](#)

A: Krill or fish oil is needed to meet EPA and DHA requirements. Because it's impossible to keep the delicate essential fatty acids stable at room temperature for months, we don't include it in the **Meal Mix** supplement. To remain viable, these critical fats should be added right before the meal is served. You can choose any marine-sourced oil, such as sardine, anchovy, krill or salmon oil, and rotating oils is also smart. Flax oil

and other vegetable sources of omega-3 fatty acids do not provide adequate amounts of DHA or EPA.

4. **4. Q: Why are you suggesting adding in hempseed oil if I only feed my dog red meat meals?**

A: To add the missing omega-6 essential fatty acids missing from red meats. Poultry is a rich source of omega-6 fatty acids, so if you are rotating between red meats and poultry, this addition isn't necessary. If you don't want to feed (or can't feed) poultry, then adding in a source of omega-6 fatty acids is necessary. Our favorite type of omega-6 oil is hempseed oil, but you can use other sources such as walnut, sunflower or safflower oil if you wish.

5. **5. Q: Why do I have to use lean meats?**

A: Usually the cheaper the meat, the higher the fat content. Fat is a great energy source for dogs, but it displaces other key nutrients needed for health maintenance and disease recovery. Essential minerals are in the protein, not the fat. Using fattier meats than what's recommended means there won't be enough amino acids and essential minerals in the diet, which is dangerous and unhealthy over time.

6. **6. Q: Why can't I use this with my growing puppy?**

A: Puppies have different nutritional requirements at different ages of growth. This formula does not account for these different needs. It has been created to meet adult dog's nutritional requirements only.

7. **7. Q: I can't afford organic, free-range meats or vegetables. Should I just keep feeding processed food?**

A: No. I encourage you to feed as much fresh food as you can afford. Keep in mind that the less expensive processed food you may be feeding is not only manufactured from factory farmed animals, it comes from the leftover parts of the factory farmed animals, so *any* type of fresh balanced homemade diet (organic or not, CAFO or free-range) is far superior to *any* processed food diet.

8. **8. Q: I can only afford to feed one fresh meal a day, now what?**

A: No problem. Feed as many fresh meals as you can afford. If you feed your dog 14 meals a week and you can afford to feed half of those fresh, that's a 50 percent improvement in your dog's overall nutritional intake which will provide unbelievable health benefits over time.

If all you can afford to feed is two homemade meals a week, you might want to consider dividing the meals into snack-size portions and feed a little bit every day as training treats

or on top of your pet's processed food, which you will reduce in portion size to account for the fresh food being added.

9. **9. Q: Are there risks to feeding a raw food diet?**

A: One quick search of the FDA recall website reveals there are potential risks to feeding *all* types of dog foods, including a raw food diet. We recommend discussing your pet's nutrition with a vet that understands fresh foods to find out what type of food, amount and feeding frequency is best for your dog.

Most vets discourage raw meat diets if the patient has undergone GI surgery within the last month or has a white blood cell count that is below normal (indicating immunosuppression). Additionally, some oncologists recommend a cooked food diet to dogs that need chemotherapy during treatment but returning to eating raw food after treatment if they were receiving it prior.

If you and your vet decide a cooked meal is best for your dog, you can still use **Meal Mix**. It will supply the necessary nutrients to make the food complete and balanced. A lightly cooked balanced fresh food diet is still superior to any store-bought foods.

10. **10. Q: Can I give cooked vegetables?**

A: Yes, this is a popular feeding style. Some nutrient levels actually increase after gentle steaming (such as lycopene levels in tomatoes).

11. **11. Q: Are there any vegetables I should avoid?**

A: Please avoid using onions. If you add potatoes, make sure you remove any sprouted "eyes" as they are toxic to dogs.

12. **12. Q: Can I add fruit, and what fruits should I avoid?**

A: Fruit can be included. We recommend berries (blueberries, raspberries, blackberries) because they're loaded with beneficial antioxidants for dogs. Pits must be removed from fruits before feeding. Avoid starfruit and rhubarb.

13. **13. Q: I've heard some vegetables should be avoided for certain dogs?**

A: If you have a healthy dog, then follow your grandma's advice and feed a little bit of all of them, except onions. Here's what we know about some vegetables and other produce:

- Soy and yams have phytoestrogens, and soy is most always genetically engineered and contains anti-nutrients which may be harmful for your dog.
- Cruciferous veggies can be goitrogenic and negatively affect your dog's thyroid health if fed exclusively.

- Vegetables have different oxalate concentrations, so some dogs predisposed to certain bladder stones do best avoiding high oxalate veggies, such as spinach and beets.
- The lectins in legumes can lead to gastric upset and leaky gut.
- Non-organic wheat, bulgur, spelt, barley, rye and oats contain at least some gluten (you can avoid traces of gluten by buying gluten free oats). These non-organic grains also often contain glyphosate, a likely carcinogenic herbicide.
- Some vegetables are sky high on the glycemic index such as corn and potatoes, while some are very low. So, better choices for your dog's metabolic health include asparagus, dark green leafy vegetables, green beans and zucchini.
- All mushrooms that are safe for people are safe and even medicinal for pets. Mushrooms that are toxic to people are also toxic to dogs.

14. **14. Q: What if I only want to feed meat (no added fresh veggies or a starch)?**

A: The meal is still balanced, but your dog will not get any fiber or roughage, food based phytonutrients or enzymes present in fresh produce. Research shows dogs consuming a meat-only diet have a less diverse microbiome than dogs fed vegetable matter.

15. **15. Q: If grains are unnecessary for dogs, why would I add them to my dog's food?**

A: Grains are typically added to reduce cost. Many people are able to afford fresh meals by offsetting some of the more expensive meats with other foods, such as grains, legumes or potatoes. Some animals have medical issues that require them to consume a lower protein diet or a higher fiber diet. I recommend organic whenever possible to minimize traces of glyphosate.

16. **16. Q: How much should I feed my dog?**

A: See the feeding instructions sent to you separately from the **Recipe Creator**.

17. **17. Q: How do I transition my dog onto fresh food?**

A: There are many ways, but no one way works for every dog. To know if you're transitioning your dog too fast or too slow, watch your dogs' stools. Here are my general guidelines:

The first step is to make a batch of food. You can calculate how much your dog needs to eat on a daily basis and divide the food into daily portions. Keep a few days in the refrigerator, and freeze the rest. We recommend making only the amount of food your pet will eat within two weeks.

If you have a finicky dog or a dog with a sensitive stomach, the "slow trick" is recommended: remove five (5) percent of your dog's old food and replace it with the same amount (five percent) new food. Watch your pet's stools. They may become soft for a day, but they should firm back up.

If stools are normal, replace 10 percent old food with 10 percent new food, and watch stools. Continue replacing old food with new food until your dog is transitioned completely onto their new food. If stools soften, simply continue feeding the same amount of new and old food until the bowels balance themselves, then proceed with the weaning schedule.

Another option is to divide up one freshly prepared meal and use the food as treats throughout the day and feed the second meal of their regular food at night or vice versa – feed their old food for breakfast, then use their new food as treats for the remaining part of the day. Continue this for several days until stools are normal, and then discontinue old food entirely.

Some super finicky and sensitive dogs may prefer the food cooked, initially, as cooking releases an amazing aroma that dogs find irresistible. If you wean your dog onto cooked meals and then would like to wean them onto raw food, gradually cook the food less and less.

18. **18. Q: Do I need to stop other supplements?**

A: If you're now adding certain nutrients (such as calcium or vitamin D) to your dog's homemade meals as a means of balancing the diet, then yes, you should discontinue these supplements. **Meal Mix** provides all the required nutrients conveniently in one packet. Continue using probiotics, enzymes, joint or eye supplements, ubiquinol, astaxanthin or medications from your vet.

19. **19. Q: Can I increase or decrease the amount of ingredients listed?**

A: No, this will create a nutritionally unbalanced recipe. Please follow the recipe exactly.